

D.I.Y.

Do It Yourself

Shampoo

Instructables is one of my favorite sites because you can learn how to make just about anything here. And they've got a [great recipe](#) for homemade shampoo. This recipe uses liquid Castile soap.

You need:

- 1/4 cup water
- 1/4 cup liquid Castile soap (like Dr. Bronner's, which you can find cheaply on Amazon; you can also get awesome, organic Castile soap from [Mountain Rose Herbs](#))
- 1/2 teaspoon oil (like jojoba, olive oil, or grapeseed)

Mix all the ingredients into a plastic or glass bottle and you're good to go!

As far as the results, it's a mixed bag with this recipe. Some people love this combination; others says it leaves a film on their hair. Again, a lot will depend on your hair type and your water type (hard water seems to leave more film).

Read more: <http://www.moneycrashers.com/how-to-make-your-own-shampoo/#ixzz2RrtL6K1W>